



The Royal Australasian  
College of Physicians

# MyCPD a new online CPD Tool for Fellows of the RACP

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Education Deanery  
Australia



# Outline

- ❖ **MOPs Program**

  - Why it must go

- ❖ **MyCPD Program**

  - Why we think it is better

  - How it will work

- ❖ **Your response**

  - What you think?

  - What else you would like to know?



## Project qualities

1. Simple to use
2. Relevant to practice
3. Facilitates adult learning
4. Makes the best use of current IT technology
5. Integrates with the College's future Education Platform



## MyCPD Project Principles

- learning is best when it is related to needs
- a person is unable to identify all their learning needs so peer input is essential
- learning is more effectively applied to practice when it is followed by *reflection*
- background learning remains important
- learning should cover the range of a person's practice.



## Project goals

1. An integration of continuing professional development and professional practice
2. A change in the mindset of Fellows away from a recording of events to a record of learning through needs assessment, planning and reflection.
3. Access for physicians in remote locations to CPD resources.

The header features a blue background with a faint, light-colored logo of a hand holding a caduceus, with the text "Physicians Australasian" overlaid. Below this is a dark red horizontal bar containing the title "MyCPD Plan" in white text.

## MyCPD Plan

- Web-based
- E – portfolio
- Access to online Resources
- Online Discussion Forums
- Linked to PQC, Curriculum, etc...



## MyCPD CONTENT

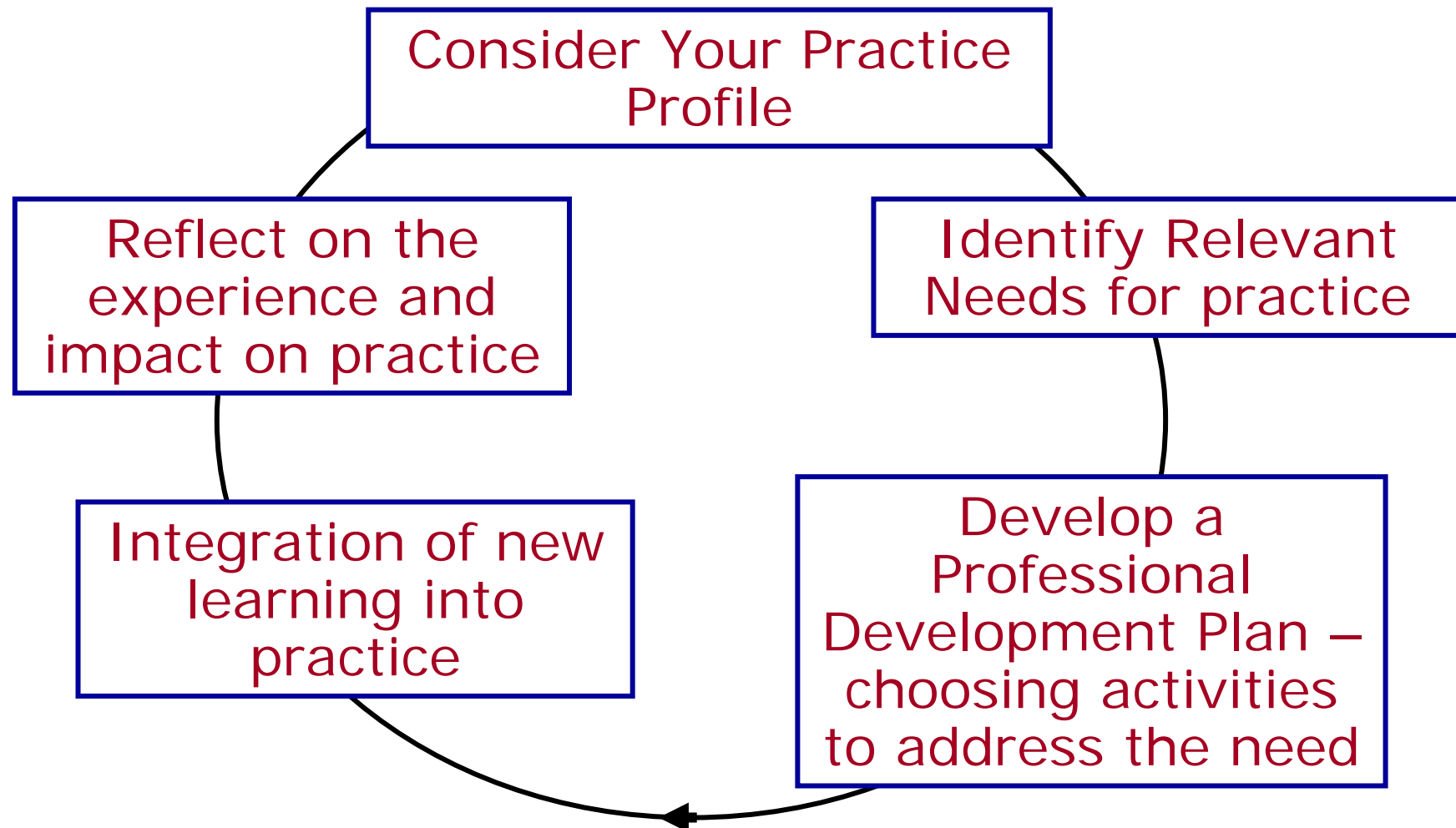
**IDENTIFIES  
LEARNING  
NEEDS**

**RECORDS  
LEARNING  
EXPERIENCE**

**DEFINES  
LEARNING  
OUTCOME**

**PLANS  
FUTURE  
LEARNING**

# MyCPD Process





## **The New Online CPD Program**

The logo for Physicians Australasian is located at the top of the slide. It features a blue background with a faint, light-colored emblem on the left and the text "Physicians Australasian" in a serif font on the right. Below this, a dark red horizontal bar contains the text "MyCPD" in a bold, white, sans-serif font.

## MyCPD

- Annual Cycles
- 100 credits each year - due 31 March
- Bonus credits for reflection
- 5% audit each year
- Will replace MOPS



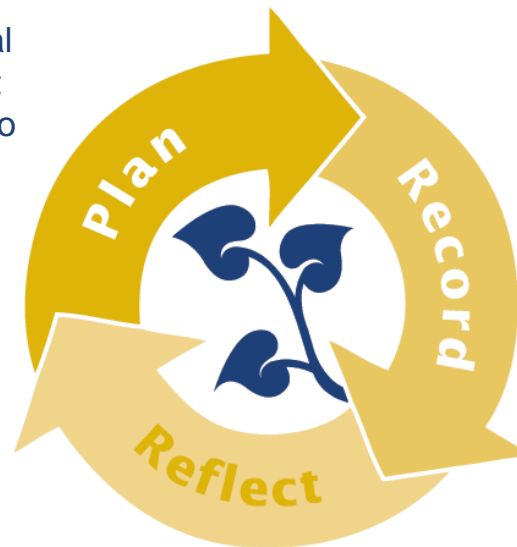
## MyCPD

### Based on 6 categories

- Educational Development, Teaching & Research
- Group Learning Activities
- Self Assessment Programs
- Structured Learning Projects
- Practice Review & Appraisal
- Other Learning Activities

# Foundation

Plan  
A professional  
development  
plan tailored to  
your needs



Record  
Your record  
of professional  
development  
activities  
and progress.

Reflect  
Your critical analysis of  
impacts for current practice  
and future development

# Professional Development Plan



Add PDP 

Professional Development Plan/To do List Item 

\*PDP:

\*Reminder Date:



Notes:

Save PDP













# Professional Development Plan

- Own experiences
- Interaction with patients & clinical team
- Non-clinical activities (eg conference, professional conversations)
- Formal structures to enhance quality & risk management (eg. audit, patient satisfaction survey)
- Peer review

*Challis, M. (2000) AMEE Medical Education Guide No. 19. Personal Learning Plans. Medical Teacher. 22(3)*

# Record Activities



Activity Details	
*Category:	<input type="text" value="Please select a category"/>  
*Activity Description:	<input type="text" value="Please select a category first!"/>  
Additional Notes:	<input type="text"/> 
Documents Required: <small>(If selected for Audit)</small>	<input type="text"/>
*Start Date:	<input type="text" value="08/05/2008"/>  
End Date:	<input type="text"/>  
Hours:	<input type="text" value="1.0"/> 

# Reflection



## Reflection i

(Thinking about how this activity affects your personal, professional development or practice)

### Learning Outcome Stem:

I am aware of  
I have confirmed  
I am planning to  
I am committed to  
Other

### Learning Outcome Conclusion:

a potential gap in my knowledge or skill  
new evidence relevant to my practice  
new skill relevant to my practice

### \*Learning Outcomes:

I have confirmed my knowledge or skill are up-to-date



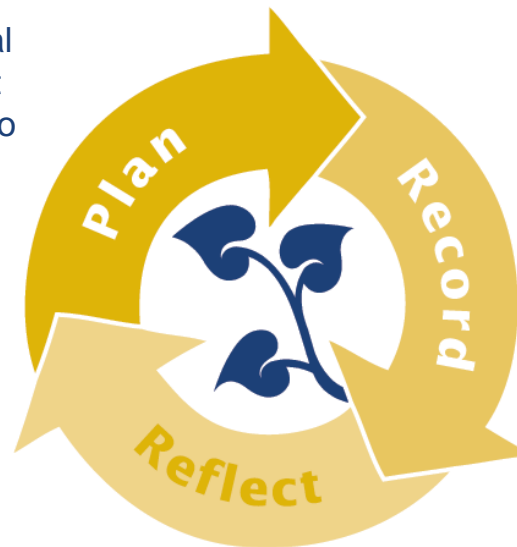
# Reflection

## Eg. Helpful questions :

- How will this activity enhance my practice?
- How can I integrate new learning into my practice?
- How did it help maintain my competencies?
- How will this help me take better care of patients?

# Foundation

Plan  
A professional  
development  
plan tailored to  
your needs



Record  
Your record  
of professional  
development  
activities  
and progress.

Reflect  
Your critical analysis of  
impacts for current practice  
and future development



## OTHER USEFUL FEATURES

1. En Masse Recording of Recurring Activities
2. Setting up MyCPD to display activities/credits by subspecialty
3. Interim Statements
4. Export MyCPD calendar to Groupwise/Outlook calendar
5. Tutorial and help document

## Add Recurring Activity (i)

\* - indicates mandatory fields.

**Activity Details**

\*Category: Educational Development, Teaching & Research (i)

\*Activity Description: Teaching eg. supervision, mentoring (1/hr) (i)

Additional Notes: Postgraduate students (i)

Documents Required: *(If selected for Audit)*

- Written invitation, program or abstract
- Reprint of publication
- Teaching timetable/signed statement by an appropriate person.

\*Hours: 1.0 (i)

\*Please select:  **Date Range recurring options**  **Multiple Individual Dates** (i)

\*Start Date: 05/02/2008 (i) \*End Date: 19/06/2008 (i)

\*Recurrence: (i)

Every 1 days

Every 1 weeks on

Sun  Mon  Tue  Wed  Thu  Fri  Sat

Every 1 Months on 1st of each month

Every 1 Months on 1st Sunday

## Add Recurring Activity i

\* - indicates mandatory fields.

**Activity Details**

\*Category: Educational Development, Teaching & Research i

\*Activity Description: Teaching eg. supervision, mentoring (1/hr) i

Additional Notes: Postgraduate students i

Documents Required: *(If selected for Audit)*

- Written invitation, program or abstract
- Reprint of publication
- Teaching timetable/signed statement by an appropriate person.

\*Hours: 1.0 i

\*Please select:  Date Range recurring options  **Multiple Individual Dates** i

### Multiple dates recurring option

To add or remove dates in multi select list below, click on Calendar dates:

\*Dates of Activity: i  
*(Multi Select)*

- 05/02/2008
- 07/02/2008
- 12/02/2008
- 14/02/2008
- 19/02/2008
- 21/02/2008
- 26/02/2008
- 28/02/2008

February, 2008 <span style="float: right;">i</span>							
Today							
wk	Sun	Mon	Tue	Wed	Thu	Fri	Sat
4						1	2
5	3	4	5	6	7	8	9
6	10	11	12	13	14	15	16
7	17	18	19	20	21	22	23
8	24	25	26	27	28	29	
Select date							

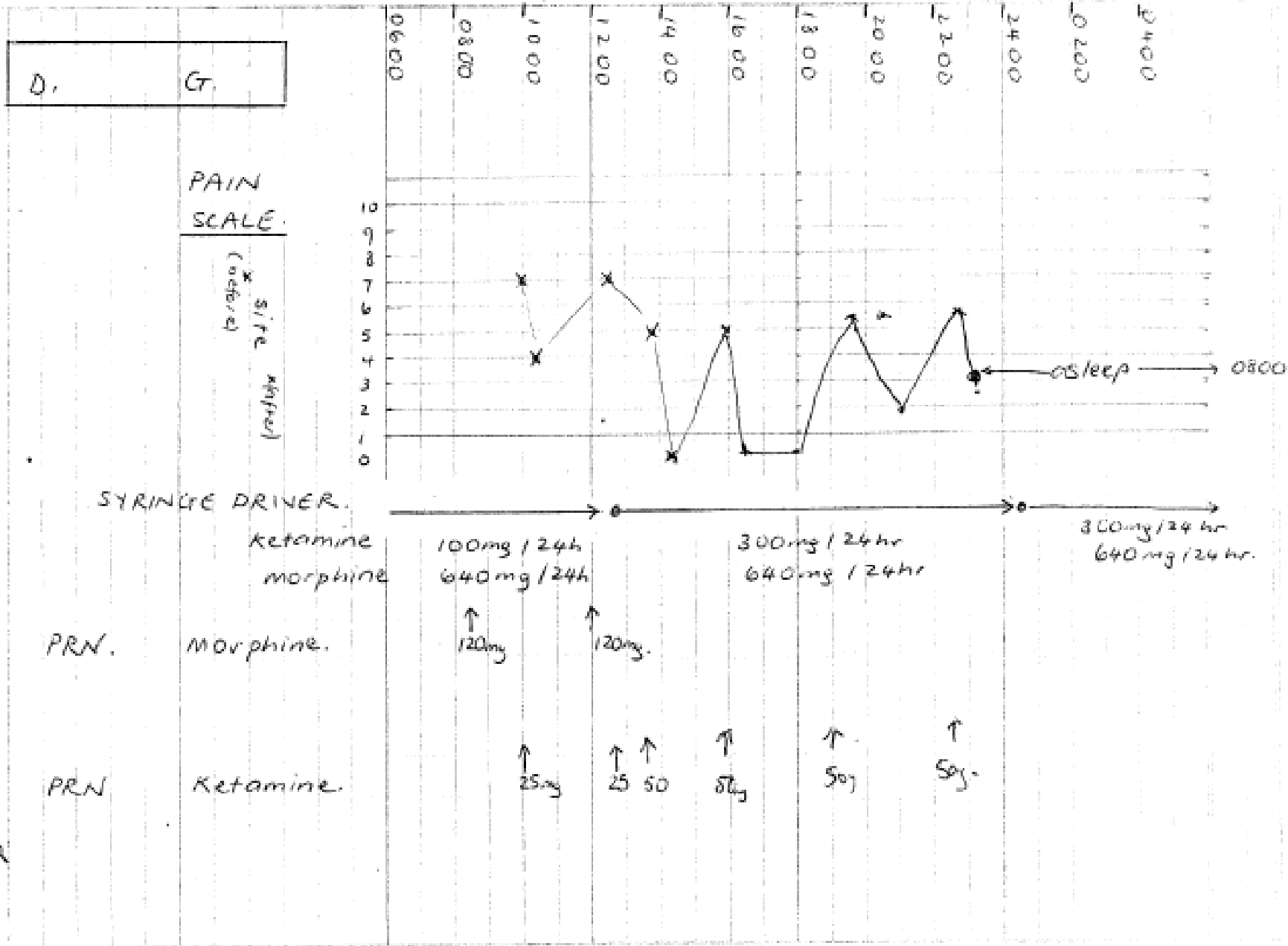


# Clinical Case Scenario

## **Clinical case notes 7/6/08**

- **DN Male aged 29: Diagnosis melanoma**
- **2001 1° right thigh resected**
- **2002 2° right inguinal nodes resected**
- **June 2006 2° right lower abdomen R/T**
- **Nov 2006 Commenced morphine (60 mg/day)**
- **2007 pulmonary 2°, steadily escalating morphine dose**
- **Dec 2007 cerebral 2° seizures, R/T, phenytoin, high dose steroid**
- **March 2008 Morphine SR 300mg/day**
- **April 2008 Severe left sided abdominal pain, peritonism, oncology**
- **May 2008 Morphine sc 520 mg/day + oral 600 mg/day**
- **6 May 2008 Ketamine sc commenced 25 mg/day**
- **7 May Ketamine sc 100 mg/day + 25mg x2 + 50 mg x4**
- **8 May Ketamine 600 mg/day + 50mg x3**

Date: 7/5/08



7/5/08

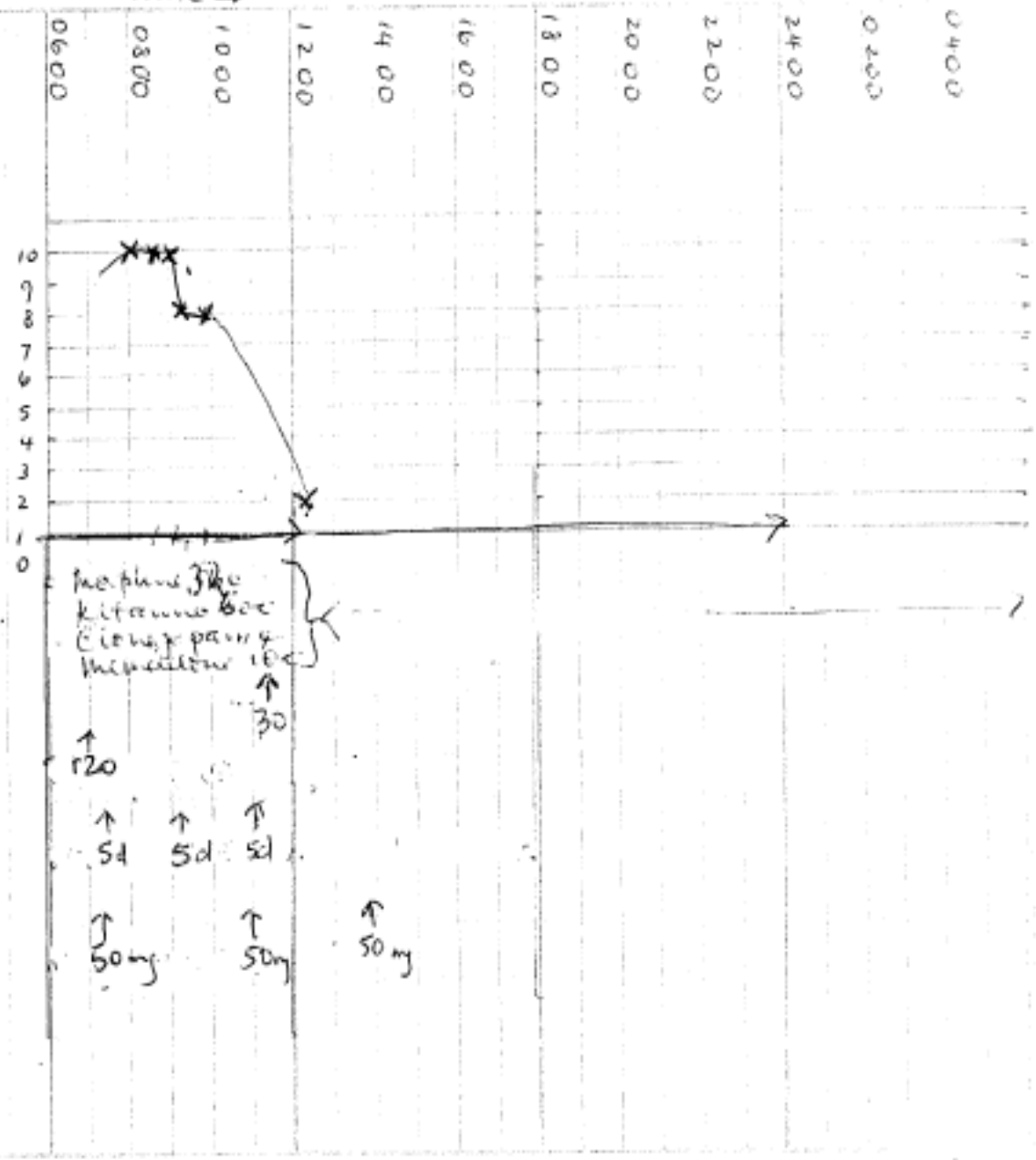
Date:

D - CT.

Time →

PAIN SCALE

(marked) site applied



SYRINGE DRIVER

- PRN Methadone
- PRN Morphine
- PRN Clonazepam
- PRN Ketamine

Morphine 30  
 Ketamine 50  
 Clonazepam 5  
 Methadone 30

↑ 30  
 ↑ 50  
 ↑ 5  
 ↑ 50

5/15/08



- » Home
- » MyCPD Activities
  - Add Activity
  - Add Recurring Activity
  - View Activities
  - MyCPD Calendar
  - » Professional Development Plan (PDP)
    - Add PDP
    - View PDPs
  - » About MyCPD
    - How to use MyCPD
    - FAQs
  - » Contact Us
  - » Privacy Statement
  - » MyCPD Settings
  - » Logout

### Add Activity

#### - Step 1 (Activity Details)

\* - indicates mandatory fields.

#### Activity Details

\*Category:

\*Activity Description:

Additional Notes:

Documents Required:   
(If selected for Audit)

\*Start Date:

End Date:

Hours:

Save Activity

**Other learning activities**

**Other 1/hr**

**Library research into clinical features of "wind up" and its treatment. Discussion with colleagues.**

- » Home
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- » Logout

### Edit Activity

#### - Step 2 (Reflection)

\* - indicates mandatory fields.

Activity Details	
*Category:	Other Learning Activities
*Activity Description:	Other
Additional Notes:	Library research into clinical features of "wind up" colleagues.
*Start Date:	08/05/2008
Hours:	1.0

#### Reflection (Thinking about how this activity affects your personal, professional and educational development)

Learning Outcome Stem:

- I am aware of
- I have confirmed
- I am planning to
- I am committed to**
- Other

Learning Outcome Conclusion:

changing my attitude  
implementing a change

Learning Outcomes:

I am committed to integrating this knowledge

Reflective Comments:

(You must enter a comment to receive credit for completing this section)

I have revised the clinical manifestations of morphine "wind up" and an illustrative case. I have studied published protocols adopted by two centers for the management of this situation and have applied these principles successfully to my management in this case. I will be more alert to the early manifestations of the condition in future.

**I have revised the clinical manifestations of morphine "wind up" and have experienced an illustrative case. (case notes saved)**

**I have studied published protocols adopted by two centers for the management of this situation (2 references) and have applied these principles successfully to my management in this case. I will be more alert to the early manifestations of the condition in future and will have confidence to intervene.**

**I am committed to integrating this knowledge and skill into my practice**

Complete Later

Save Reflection

\* indicates mandatory fields.

### Activity Details

edit

\*Category: Other Learning Activities

\*Activity Description: Other

Additional Notes: Library research into clinical features of "wind up" and its treatment. Discussion with colleagues.

\*Start Date: 07/05/2008

Hours: 1.0

### Reflection

(Thinking about how this activity affects your personal, professional development or practice)

edit

\*Learning Outcomes:

#### Reflective Comments:

(bonus credits for completing this section.)

I have revised the clinical manifestations of morphine "wind up" and have experienced an illustrative case. I have studied published protocols adopted by two centers for the management of this situation and have applied these principles successfully to my management in this case. I will be more alert to the early manifestations of the condition in future and will have confidence to intervene.

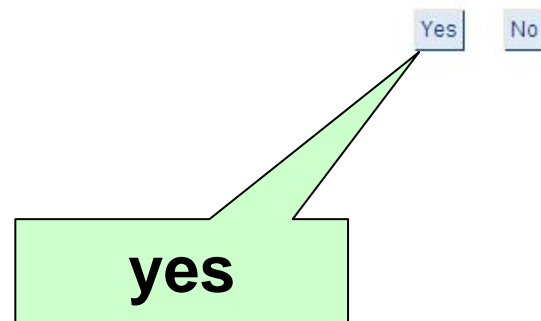


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### Edit Activity

Often the regular activities you undertake prompt a need to learn or do something else. Click 'YES' if you have any objectives, goals or plans you plan to pursue as a result of undertaking this activity. It will direct you to Step 3 of the process where you identify your Professional Development Plan (PDP).

If you don't have a PDP, simply click 'NO'



- Add Activity
- Add Recurring Activity
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- Add PDP
- View PDPs
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- » Logout

- Step 3 (PDP/To do List)

\* - indicates mandatory fields.

**Activity Details** edit

\*Category: Other Learning Activities

\*Activity Description: Other

Additional Notes: Library research into clinical features of "wind up" and its treatment. Discussion with colleagues.

\*Start Date: 08/05/2008

Hours: 1.0

**Reflection** ⓘ  
(Thinking about how this activity affects your personal, professional development or practice)

\*Learning Outcomes: I am committed to integrating this knowledge or skill into

Reflective Comments:  
(bonus credits for completing this section.)

I have revised the clinical manifestations of morphine "wind up" and have exper...  
have studied published protocols adopted by two centers for the management...  
applied these principles successfully to my management in this case. I will be...  
manifestations of the condition in future and will have confidence to intervene.

**Further research into morphine "wind up" and its management**

**30/06/2008**

Professional Development Plan/To do List ⓘ

\*Reminder Date:

Notes:

**Palliative Medicine Bulletin Board. Discuss with colleagues**

Professional Development Plan	Reminder Date	Notes

Finish & Add Another Activity

Finish & Return

## View PDPs



Note: Professional Development Plan entered through "Add Activity" are also listed below.

Professional Development Plan Status:



[Print PDP Report](#)



Professional Development Plan	Reminder Date	Notes	Mark Completed	Register Related Activity	No of Activities Registered	Delete
<u>Further research into morphine "wind up" and its management</u>	30/06/2008	Palliative medicine "Bulletin Board". Discuss with colleagues	<input type="checkbox"/>			



## **The New Online CPD Program**



# Questions, Feedback and Discussion